

DANIEL STEWART CLINIC

EQUESTRIAN SPORT PSYCHOLOGY
CONFIDENCE BUILDING CLINICS & SEMINAR



PHYSICAL TRAINING GIVES YOU A
WHOLE NEW LOOK.

MENTAL TRAINING GIVES YOU A
WHOLE NEW OUTLOOK!

As riders, we continually encounter stressful and unpredictable events and how we handle them greatly influences our ability to succeed. Join Coach Stewart for this informative, upbeat and humorous clinic and seminar on Equestrian Sport Psychology. On and off your horse you will learn a variety of techniques to improve your confidence, success, focus and enjoyment while learning how to control the pressure, stress, distractions and show-jitters so often associated with riding and showing!

**PRESSURE
PROOF
YOUR RIDING**



DANIEL STEWART

