

# WHPC 2015 Unmounted Curriculum

*\*Upper Level teaching slots can be done as a group or individual.*

**JAN: Pony Parts/Conformation/Lameness**

Jr group:

Parts of the pony (D1- D3), how to measure a pony, conformation faults of neck, back, head, shoulder and pasterns (D3), colors, markings, and breeds and how to describe a strange pony (D2/D3), correct jog.

Sr group:

Leg conformation and unsoundness (C1- C3), qualities that affect movement and soundness, conformation of own mount (C2/ C3.)

**FEB: Stable Mgt/Grooming/Safety in the Barn \*(10 min. teaching by C1/C2 member:\_\_\_\_\_)**

Jr group:

Grooming, including what pony club means by curry comb and body brush and how to PC use them, parts of the saddle and bridle, reasons for cleaning tack (D1- D3), grooming kits, unsafe equipment, tying quick release knot (D2), cleaning and bedding a stall, hanging a hay net (D3, but used at every rally), stall safety.

Sr group:

Cleaning stalls and bedding used in area (D3- C1), stable vices, clipping (C1), safe pasture, fencing, stable, some common toxic plants (C2/C3.)

**MAR: Rally Prep/Turnout/Tack (10 min. teaching by C1/C2 member:\_\_\_\_\_)**

For all members:

Tying stock ties properly, correctly formal vs. informal, helmet fit, how to put up your hair acceptably for competition and ratings, how to polish boots, tack fit, halter fit, what to look for when cleaning your tack for formal inspections, different kinds of tack and it's uses. How to perform a safety check.

**APR: Conditioning (10 min. teaching by C1/C2 member:\_\_\_\_\_)**

Jr group:

Reasons for cooling out after exercise (D1), what are conditions (obese, fat, fit, etc.) and what condition is your pony in (D2), care of pony after strenuous work including watering, feeding, inspection of legs, etc.

Sr group:

What is meant by condition (C1), how to create a conditioning schedule for a particular activity of choice (C1/C2), how to write up a six to eight week conditioning and feeding schedule for a specific competition (C2/C3), taking vitals (C2, but needed at every rally from D1 up.)

**MAY: Bandaging/Travel & Trailer Safety (10 min. teaching by C1/C2 member:\_\_\_\_\_)**

Jr group:

Trailer safety (D2- ), loading and unloading properly (D3- C2), apply protective boots and bell boots, reasons to use a bandage (D2/ D3), apply a stable bandage with assistance (D3), checks of tying and other safety procedures.

Sr group:

Apply a stable bandage and a shipping bandage (D3 and up.)

**JUNE: Nutrition (10 min. teaching by C1/C2 member:\_\_\_\_\_)**

Jr group:

How to give water, grain, hay and tidbit (D1), basic rules for feeding (D2), know amounts of feeds and schedule for own pony (D3), how feeds are measured and weighed, feed chart and feed room set up.

Sr group:

How feeds are measured/weighed, characteristics of good/bad feed, watering and pasture (C1), toxic plants, changing rations for changing situations (C2), classes of nutrients, what provides them, what feeds are available/common for different uses in area, apx. costs of feed, feed chart /feed room set up.

**JULY: Health Care/Vet Knowledge/Record Keeping (10 min. teaching by C1/C2 member: \_\_\_\_\_)**

Jr group:

What a vet can do for your pony or why she may come to see your pony (D1), routine care of pony such as immunization, teeth care, worming (D2), symptoms of a sick pony (D3), starting a record book.

Sr group:

Practice taking vitals. How to treat minor wounds (C1), annual immunizations and parasite control for area (C1/C2), how tetanus and strangles are transmitted, need for teeth care (C2), improving record keeping and how record hooks are judged (C1 and up), blanketing.

**AUG: Leading and Lungeing/Foot and Shoeing (10 min. teaching by C1/C2 member: \_\_\_\_\_)**

Jr group:

Proper leading, how to perform jog-outs for rallies. Hoof care.

Sr group:

Hoof care. Lungeing – possibly with demonstration. Pasture safety.

**SEPT: Rating Prep/Goal Setting (10 min. teaching by C1/C2 member: \_\_\_\_\_)**

For all members: Review of the past year, discuss calendar for this year; identify realistic goals in mounted and unmounted programs, and how to break goals into action plans with achievable mini-goals in between (with assistance as needed); use a goal page/form to complete and submit goals with support from an adult or DC.

**OCT: Annual Sponsors' Meeting – no unmounted**

**NOV: PC Horse Sports**

All members:

Brief overview of all sports offered in PC including Tetrathlon, Polocrosse, Vaulting, Games, etc. Possible guest lecturers and/or demonstration rides in, Games or Foxhunting.

**DEC: Xmas Party**

> **BONUS (Special Event) UNMOUNTED PRESENTATIONS:** *(Need to determine apx. three months to add Special Event)*

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**D - HM Checklist:**

**[at Rallies]**

Setting up a stall *(Feb/Mar)*  
-(correctly hang buckets, hay nets, etc.)  
Bedding and cleaning a stall *(Feb)*  
Checking a stall for safety *(Feb)*  
Filling out stall cards *(Mar)*  
Halter fit *(Mar)*  
Making a feed chart *(June)*  
Setting up a feed room at a rally *(Mar/June)*  
Setting up a tack room at a rally *(Mar/June)*  
How to secure a pony safely *(Feb/May)*  
Grooming kits *(Feb/Mar)*  
-(how to use tools; is kit complete; clean)  
Safe and efficient grooming *(Feb)*  
Cooling out procedures *(Apr)*  
Tack cleaning *(Mar)*  
Tack adjustment *(Mar)*  
Proper Tacking and untacking *(Mar)*  
Putting tack away correctly *(Mar)*  
Helmet fit *(Mar)*  
Correct jog for soundness procedures *(Jan/Apr)*  
Use of protective boots if needed *(Apr/May/Aug)*  
-(i.e., polocrosse)

**C1 – HM Checklist:**

Formal and Informal Turn Out attire *(Mar)*  
Measuring and weighing feeds – Feed Charts *(June)*  
Bedding – types, how to bed a stall *(Feb)*  
Blankets and proper blanketing techniques  
Understanding stable vices *(Feb)*  
Clipping the horse *(Feb)*  
Internal and external parasites *(July)*  
Treating a minor wound *(July)*  
-(how to use the USPC Equine First Aid Kit)  
How to perform a safety check *(Mar)*  
Applying a shipping bandage under supervision *(May)*  
Understanding basic trailer safety *(May)*

**C2 – HM Checklist:**

Conditioning the equine athlete *(Apr)*  
Taking vital signs *(July)*  
Pasture safety *(Aug)*  
Local toxic plants *(June)*  
Caring for stabled and pasture kept horses *(Feb/July)*  
Trailerling – how to safely load and unload a horse *(May)*  
Immunization *(July)*